

## **5406 - LIFEGUARD I**

### **NATURE OF WORK**

General lifesaving work in the preservation of safety and order at an assigned station on a public beach.

### **ILLUSTRATIVE EXAMPLES OF ESSENTIAL DUTIES**

Stands watch and/or directs a group of lifeguards standing watches in a designated section of the public beaches.

Patrols assigned areas for compliance with state and local laws and ordinances and to effect arrests for violations thereof.

Effects water rescue on public beach areas and other waterways within the city limits of Miami Beach.

Sets up lifeguard stands and emergency equipment at headquarter areas.

Renders first aid.

Assists in and maintains rescue and safety equipment including lifeline and buoy installations.

Keeps abreast of latest developments in water safety and rescue methods.

Answers questions of beach patrons.

Answers questions of beach visitors.

Takes beach attendance counts.

Participates in training and drill programs.

Operates emergency vehicles when assigned.

To assist in and maintain necessary safety and rescue equipment to do related work as required.

Performs related work as required.

### **KNOWLEDGE, SKILLS AND ABILITIES**

Considerable skill as swimmer;

Some knowledge of first aid and lifesaving techniques;

Ability to swim long distances under adverse conditions;

Ability to learn lifesaving and water safety procedures;

Ability to learn to operate a rescue paddle boat in rough turf;

Ability to establish and maintain effective working relationships with beach patrons, other employees, and the general public;

Ability to understand and carry out written and oral instructions;

Ability to perform effectively in emergency situations;

requirements as may be prescribed by the Personnel Board;

Ability to obtain certification in Red Cross Senior Lifesaving and advanced first aid;

Willingness and ability to participate in a training program in order to maintain proper physical fitness.

### **MINIMUM REQUIREMENTS**

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Current Certification in Red Cross Standard First Aid.

Current Certification in Red Cross Lifeguard Training.

Current Certification in American Heart or Red Cross Basic Life Support.

Obtain and maintain Certifications as required by the Division.

Driver's License.

### **PHYSICAL REQUIREMENTS**

Must have the use of sensory skills in order to effectively communicate and interact with other employees and the public through the use of the telephone and personal contact. Physical capability to effectively use and operate various items of office related equipment, such as, but not limited to, word processor, calculator, copier, and fax machine. Significant standing, walking, moving, climbing, carrying, bending, kneeling, some crawling, reaching, and handling, sitting, standing, pushing, and pulling. Ability to pass the Beach Patrol's physical requirements test (e.g., prolonged running in ankle deep sand, swimming through "crashing surf," pulling, lifting and carrying unconscious victims, etc.)

### **SUPERVISION RECEIVED**

Specific assignments are received and work is performed with some latitude for use of independent judgment in the selection of work methods and procedures.

### **SUPERVISION EXERCISED**

Usually None.

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